

# Vacaville

# Police Activities League

## Fall 2009 Activity Guide



### Message from the Director



### Upcoming PAL Fundraisers

Dear PAL Families,

By now kids should be settling back into their school schedules, and everyone should be eagerly awaiting all of the great programs PAL is offering this fall. We have an exciting list of activities to finish out the year, including our annual holiday party on December 19, 2009.

An event I would like to mention early is our annual PAL Crab Feed. This event is our largest fundraiser of the year, with all proceeds benefiting the youth in the program. The Crab Feed includes all-you-can-eat crab and pasta, a live auction, a prize drawing, music, and awards. It promises to be a good time with good food for a good cause. Please save the date of Saturday, January 9, 2010 at the Ulatis Community Center. Call our office or visit our website to get more information about the Crab Feed.

Also, I would like to encourage families to renew their annual registration early. All 2009 PAL memberships expire on December 31 and the youth will not be able to participate in programs starting in January 2010 without renewing their membership. We have enclosed our 2010 Membership application in this guide for your convenience; please return to any Vacaville Community Center. If you feel that your financial situation has changed and your family either now qualifies or no longer qualifies for fee reduction for PAL membership, please contact the PAL office.

Lastly, I want to remind our participants that with the Technology Grant we recently received, we were able to set up a technology program at our Fairmont site. With new computers and other equipment, we are able to teach programs such as digital photography, video editing, and web design. We are also looking at the possibility of creating a drop-in homework center, where youth can get help with various school projects from our staff. When completing your 2010 PAL Membership application be sure to fill out and return the 2009 Program Evaluation and Survey so that PAL can serve you better in the future.

Sincerely,

Matt Treiman  
Executive Director



#### PAL Poker Night

PAL's 2<sup>nd</sup> Annual Poker Night is almost here! Come play some cards while supporting PAL. You will have the chance to win some great prizes!

Cost : \$50

Ages: 21+

Date: 11/14

Time: 6:00-11:00pm

Location: Please call 707.469.4004 or visit our web-site

#### PAL Crab Feed

This January PAL will host it's 6<sup>th</sup> Annual Crab feed. Come out and crack some crab and help PAL make this another successful fundraising event. Buy your tickets at any Vacaville Community Center.

Cost : \$40 per ticket

\$30 Sr. (50+)

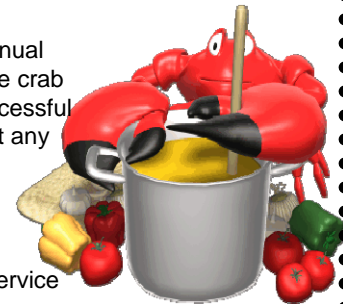
Child (12 and under)

\$500 Table for 10 + VIP Service

Date: 1/9/2010

Time: 6:00-10:00pm

Location: Ulatis Community Center



## PAL NEWS

It's time to register for 2010! Renew your membership early so you don't miss out on events.

Enclosed you will find a SHARES card, use it when purchasing items from Lucky's, SaveMart or FoodMax to donate 3% of your purchase to PAL.

Teen Leaders Wanted! Our Teen Leadership Council is seeking new members for the 2009/10 year. Want to learn more, call 707.469.4005

Do you shop online? Use [www.iGive.com](http://www.iGive.com) and Donate to PAL with every purchase

## Technology Programs



### Movie Production & Editing

This club will introduce the fundamentals of movie production. From brainstorming, filming, and editing participants will learn from beginning to end the basics of creating a movie.

Code : 64420

Ages: 10-18

Dates: 10/9, 10/30, 11/13, 12/4

Time: 4:30-6:00pm

Location: Fairmont Recreation Center

### PAL News.com

Vacaville PAL is looking for members who can help create PAL's e-newsletter. Have you ever wanted to be a reporter or photojournalist? Come learn how, and have fun creating PAL's first HTML and e-Newsletter. Writers and Photographers needed!

Code : 64915

Ages: 10-18

Dates: 10/5, 10/19, 11/2, 11/16, 12/7, 12/21

Time: 5:00-6:30pm

Location: Fairmont Recreation Center

~Holidays~  
PAL Office  
Closed

11/11 – Veterans Day  
11/26 – Thanksgiving  
11/27 – Day after  
Thanksgiving

12/24 – Christmas Eve  
12/25 – Christmas Day  
12/31 – New Years Eve

## Movies & More



### Teen Movie Critics

Come watch some new releases with PAL. Teen Movie Critics will visit Brenden Theaters four times a quarter. After each film participants will be asked to complete a movie review sheet. This review may be published in PAL News.com.

Code : 64424

Cost : \$5

Ages: 13-18

Dates: 10/15, 11/5, 11/19, 12/17

Time: Will be notified one day prior

Location: Brendan Theater

### Kids Movie Review

Kids Movie Review will visit Brenden Theaters four times a quarter. During visits youth will have a discussion and rate the movie they watched. The average rating will be published in PAL News.com.

Code : 64419

Cost : \$5

Ages: 7-12

Dates: 10/8, 10/22, 11/12, 12/10

Time: Will be notified one day prior

Location: Brendan Theater

### Game Day Sports Club

Want to see the Warriors, Kings, Giants and A's? Sign-up for this club and when tickets come available, which **may be short notice**, we will notify you and we'll go cheer on your favorite teams!

Code: 64417

Cost: \$5

Ages: 10-18

Dates: October-December

Time: TBA

Departure: 3'Oaks Community Center

## ART

### Art Club

Learn about different types of arts/crafts, be creative and make your own. Participants will be able to take home completed projects.

*Please dress appropriately for art.*

Code : 64411

Ages: 7-11

Dates: 10/13, 10/27, 11/10, 11/24, 12/8, 12/22

Time: 5:00-6:00pm

Location: Fairmont Recreation Center

### Art Club Teens

Learn about different artists and styles. Then create your own masterpiece. Participants will be able to take home completed projects.

*Please dress appropriately for art.*

Code : 64422

Ages: 12-18

Dates: 10/14, 10/28, 11/10, 11/24, 12/9, 12/22

Time: 5:00-6:00pm

Location: Fairmont Recreation Center

Check out PAL  
artists on  
[www.artsonia.com](http://www.artsonia.com)



## Leadership & Service



### Vacaville Teen Leadership Council

Open to PAL members grades 7-12.

This program allows teens to grow as leaders and also have the opportunity to attend conferences and other trips. New members will need to submit an essay describing why they want to become part of the council.

Code : 59517

Grades: 7-12

Dates: Second & Fourth Wednesday

Time: 6:30-7:30pm

Location: Fairmont Recreation Center



## Sports & Fitness

### Bowling

Bowling meets on the first and third Tuesday of each month. During the club we will be learning about bowling techniques and the etiquette of the game.

Code: 64413

Cost : \$5

Ages: 7-11

Dates: 10/6, 10/20, 11/3,  
11/17, 12/1, 12/15

Time: 4:00-5:00pm

Location: Stars Recreation Center

### Teen Bowling

Bowling meets on the first and third Wednesday of each month. During the club we will be learning about bowling techniques and the etiquette of the game. We will also learn how to keep score by hand.

Code: 64415

Cost : \$5

Ages: 12-18

Dates: 10/7, 10/21, 11/4,  
11/18, 12/2, 12/16

Time: 4:00-5:00pm

Location: Stars Recreation Center

### Track

Run, Jump, Throw...join PAL's track & field club and be apart of a fun filled experience, working on coordination, skills, and technique.

**We will be having an introduction parent meeting October 10<sup>th</sup>.**

Code: 61041

Cost : Contact 707.469.4004

Ages: 7-18

Days: M W F

Dates: October - December

Time: 5:30-7:30pm

Location: Al Patch Park

### Boxing

Start training and learning the basics of boxing fundamentals, conditioning, and safety issues from Coach Lagardo & Coach Sanchez. The Intermediate class has additional tournaments and events that participants may attend.

Code : 60002 (Int.: 60008)

Cost : \$15

Ages: 8-18

Days: M, W, F (Int.: M-F)

Dates: October - December

Time: 4:30-5:45pm

(Int.: 4:30-6:30pm)

Location: Georgie Duke Center

### Judo

Learn the techniques of Judo & discipline from Sensei G. Makimoto & Sensei L. Makimoto. The Intermediate class has additional tournaments & events that participants may attend.

Code : 60014 (Int.:60020)

Cost : \$15

Ages: 8-18

Days: Tuesday & Thursday

Dates: 10/1 – 12/17

Time: 6:00-7:00pm

Location: McBride Center

### Hip Hop Dance

This class is designed to teach participants some basic hip hop moves, the different counts, and a routine. A n approval from Fatena is needed to enroll into the Intermediate class .

Code : 60130 (Int.:60124)

Ages: 7-12

Day: Friday

Dates: 10/30 – 12/11

Time: 4-5pm (Int.: 5-6pm)

### Teen

Code : 60116

Ages: 13-18

Day: Monday

Dates: 10/26 - 12/7

Time: 7:15-8:15pm

Location: McBride Center

## FREE Community Events

### Child Safety Day

Come to the Pacific Service Credit Union's Child Safety Day. PAL will have a booth at this family friendly event. Attendees will receive child safety information as well as DNA Lifeprint kits and Child Safety Journals free of charge.

Days: 9/19

Time: 10:00-2:00pm

Location: Pacific Service Credit Union  
950 Mason St.

### Kid Fest 2009

Come to Vacaville's Annual Kid Fest, a free event for families. Check out what Vacaville has to offer to youth of all ages as well as enjoy live entertainment and demonstrations. PAL will have a booth at the event as well as a demonstration from our Boxing club.

Days: 9/26

Time: 9:00-2:00pm

Location: Andrews Park –  
West Monte Vista Ave



**Bella Terra**

Design your own one-of-a-kind piece of art. You will get to pick and glaze a piece of pottery and have it fired at Bella Terra. PAL will call when your piece is ready to be picked up from the PAL office.

Code: 64433  
Ages: 12-18  
Dates: 10/1  
Time: 4:00-5:00pm  
Location: Bella Terra – Main St.

**Gyros Fear Factory**

Want to get scared? If you are brave enough, travel with us to Sacramento and experience the Gyros Fear Factory (haunted house). You will have a creepy good time.

Code: 66043  
Cost: \$5  
Ages: 12-18  
Dates: 10/23  
Time: 6:00-10:00pm  
Departure: 3 Oaks Community Center

**Harvest Carnival**

Join us for a night of harvest fun. Carnival Games, Costume Contest and many more ghoulish activities. You don't want to miss out on this night of fun.

Code: 64431  
Ages: 7-11  
Dates: 10/24  
Time: 5:00-7:00pm  
Location: Fairmont PAL Center

**Pumpkin Carving**

Carve your own one of a kind Jack-o-lantern at our pumpkin carving contest, and you may win a great prize. You will be able to take home your pumpkin to show it off to the neighbors!

Code: 64427  
Ages: 12-18  
Dates: 10/29  
Time: 4:00-6:00pm  
Location: Fairmont PAL Center

**Pumpkin Painting**

Will it be a scary pumpkin or a funny pumpkin? Come join us for a pumpkin painting contest, and you may win a great prize. You will be able to take home your pumpkin.

Code: 64428  
Ages: 7-11  
Dates: 10/29  
Time: 4:00-6:00pm  
Location: Fairmont PAL Center

**Lawrence Hall of Science**

From the giant DNA sculpture on the plaza, to exploring the ultrasmall in the NanoZone, you'll have a whale of a time visiting the Lawrence Hall of Science, UC Berkeley's public science center and a destination for science fun for more than 40 years.

Code: 64912  
Ages: 7-11  
Dates: 11/7  
Time: 11:30-5:30pm  
Departure: 3 Oaks Community Center

**Feast with the Finest**

PAL's quarterly dinner with the courageous police officers within our community. Come enjoy a great dinner while hanging out with Vacaville's finest.

Code: 64416  
Ages: 7-18  
Dates: 11/20  
Time: 4:30-6:00pm  
Location: Round Table Pizza – Alamo Plaza

**CA Academy of Science**

Come visit the new Academy, a single structure that contains multiple venues, including an aquarium, planetarium, a natural history museum and a 4-story rainforest. Don't forget to bring a lunch when we visit this green museum.

Code: 64914  
Cost: \$5  
Ages: 12-18  
Dates: 11/21  
Time: 9:30-5:00pm  
Departure: 3 Oaks Community Center

**Holiday Craft Bonanza**

The holidays are here!! Come join us for a fun craft making bonanza. We will be making crafts and learning about different cultures' holiday practices.

Code: 66054  
Ages: 7-11  
Dates: 12/12  
Time: 1:00-4:00pm  
Location: Fairmont PAL Center

**A Christmas Carol**

Celebrate the holiday season with mean ol' Scrooge, adorable Tiny Tim, those spooky Christmas ghosts from A Christmas Carol and then feast on a dinner.

Code: 64857  
Cost: \$8  
Ages: 12-18  
Dates: 12/13  
Time: 11:00-7:30pm  
Departure: 3 Oaks Community Center

**Holiday Party**

Celebrate the end of the year and the holiday season with PAL. Come see a boxing and Judo demonstration, and vote on the crafts from the PAL craft Bonanza. We'll watch a movie, have some hot cocoa, and eat some desserts and have a visit from the North Pole.

Code: 64848  
Ages: 7-18  
Dates: 12/19  
Time: 5:00-8:00pm  
Location: 3 Oaks Community Center